



Takasaki International Relations Society 高崎市国際交流協会

たかさきしこくさいこうりゅうきょうかい

TAKASAKI & YOU

Takasaki City: Population: 374,333 Area: 459.16 km²

Registered Foreign Residents:

There are 5,420 foreign residents from around 60 different countries residing in Takasaki City from China, Philippines, Vietnam, etc... (as at 30th November 2018)

Winter Japanese Classes

Join the Takasaki International Relations Society's winter Japanese classes You'll be taught in small groups according to your level. Each course consists of 10 lessons (except Gunma Fukushi Kaikan which only has 9 lessons this winter).

Chuo Kominkan (Suehiro-cho 27)

Tuesdays 10am-12 noon, 7th Jan-17th March

Thursdays 7pm-8:30pm, 16th Jan-19th March

Saturdays 1:30pm-3:30pm, 11th Jan-21st March

Nakai Kominkan (Nakai-machi 3-21-1)

Wednesdays 6:30pm-8pm, 8th Jan-11th March

Gunma Fukushi Kaikan (Munadaka-machi 977-1)

Mondays 7pm-8:45pm, 20th Jan-23rd March

Shinmachi Bunka Hall (Shinmachi 3190-1)

Wednesdays 10am-11:45am, 8th Jan-11th March

Saturdays 10am-11:45am, 11th Jan-14th March

Yoshii Nishi Community Center (Yoshii-machi Nagane 525)

Tuesdays 7pm-8:30pm, 7th Jan-17th March

Cost: ¥500 per 10-lesson course

Sign Up: Contact the Takasaki International Relations Corner by telephone or email (details below), up to one week before the class begins. Please note some classes may already be full.

Takasaki Daruma Market

Date: Wednesday 1st and Thursday 2nd January, 2020

Time: 10am-4pm

Place: Street at the west exit of Takasaki Station

Details: There will be stalls selling Daruma dolls, plenty of local specialty food and drink on sale, stage performances, and other attractions for the whole family. Shuttle buses traveling to popular spots for making your first visit to a shrine or temple of the new year (hatsumode) will run regularly. You can visit Kannonyama, Takasaki Shrine, Yamana Hachimangu, Kuragano Shrine and more.

First Sunrise & Shrine Visit of the New Year

POPULAR SHRINES TO VISIT (hatsumode)

Takasaki Shrine (Akasaka-machi 94)

Yawata Hachimangu Shrine (Yawata-machi 632)

Haruna Shrine (Harunasan-machi 849)

Gunma-ken Gokoku Shrine (Notsuke-machi 2000)

POPULAR SPOTS FOR WATCHING THE FIRST SUN RISE (hatsuhinode)

21st floor of Takasaki City Hall (Takamatsu-cho)

Kannonyama (Ishihara-machi)

Futagoyama & Hachiman-zuka Burial Mounds

(Idemachi 1514)

Mt. Haruna-Fuji (Harunakomachi 845-1)



Tokyo English Life Line (TELL)

A free anonymous and confidential English-language telephone and chat service offered throughout Japan every day of the year.

- Safe, confidential space to discuss any issue
- Staffed by highly trained volunteers committed to providing emotional support, resources and connections.

Need to talk? We're here to listen. Contact us from anywhere in Japan.

TELL Lifeline: 03-5774-0992

9am-11pm, 365 days a year

TELL Chat: telljp.com

Saturday 10:30pm-Sunday 9am

Become a Volunteer!

The International Relations Society has many volunteer opportunities for Japanese and non-Japanese residents, including volunteer interpreters, cultural instructors who can teach language lessons/cooking classes/cultural introduction at schools, and more. Contact the TIRS (details below) for more information.

TIRS Takasaki International Relations Society

(International Relations Corner, 2nd Floor Takasaki City Hall)

TEL: 027-321-1201 (in English OK), FAX: 027-330-1819, Email: office@takasaki-irs.org

Website: www.glocalfive.net/tirs/ (Japanese, English, Chinese & Portuguese versions)

Facebook: takasaki.international





Reporting Urgent Matters to the Police Dial 110 (hyaku touban)

If you are involved in an incident or accident, or if you see or hear anything requiring police attention, please call 110. Calls made to 110 in English are immediately connected to an English-speaking third party to enable a three-way conversation. You can make your call without having to worry about misunderstandings!

For Fire or Ambulance dial 119

If you don't speak Japanese, just speak in English. Takasaki and Districts Joint Command and Control Center will connect your call immediately to an interpreter to enable a three-way conversation. Languages covered: English, Chinese, Korean, Portuguese and Spanish.

City Hall End of Year Hours

Takasaki City Hall and branch offices will close for the end of year vacation at 5:15pm on Friday 27th December 2019, and open in the new year from 8:30am on Friday 3rd January 2020.

End of Year Waste Collection

City waste will be collected by Takasaki as per the usual collection schedule up until Tuesday 31st December 2019. The service will resume in 2020 from Monday 6th January.



休日当番医

'Kyujitsu toban i' are the medical clinics on duty on weekends and national holidays. Surgery hours are 9am to 6pm. Be sure to take along your health insurance card. ※Schedule changes monthly, see 15th-of-the-month Takasaki Koho for full list. For other cities, see your local city magazine.



Night Clinic: (1F Public Health Center Takamatsu-cho) Mon-Fri=7:30pm-10pm; Sat, Sun, pub. hol=7pm-10pm
Children's Emergency Health Consultations: Dial #8000 to speak with a health professional for advice on whether to go to the hospital (Mon-Fri=6pm-8am next day; Sat, Sun, pub. hol=9am-8am next day).

Date	Tue 31st Dec	Wed 1st Jan	Thu 2nd Jan	Fri 3rd Jan	Sun 5th Jan	Sun 12th Jan
Internal Medicine (Naika)	Okamura Icho Clinic (Azuma-cho) ☎027-310-1211	Inemura Clinic (Minamiorui-machi) ☎027-353-1769	Uehara Clinic (Takazeki-machi) ☎027-322-4965	Kondo lin (Iwahana-machi) ☎027-346-2208	Monden Naika Clinic (Tenjin-cho) ☎027-384-3701	Okamoto Naika Clinic (Kaminakai-machi) ☎027-325-5050
	Otsuka lin (Shimokotori-machi) ☎027-360-3321	Takaki lin (Egi-machi) ☎027-322-1540	Momonoki Clinic (Yawata-machi) ☎027-344-3130	Tsuchiya Naika lin (Tonya-machi 2) ☎027-360-3555	CBC Clinic (Egi-machi) ☎027-321-2111	Aoi Naika Clinic (Yachiyo-machi 1) ☎027-310-3939
Pediatrics (Shonika)	Oyama Shonika lin (Kuragano-machi) ☎027-346-0880	Arai Kinder Clinic (Shimonakai-machi) ☎027-325-4152	Koizumi Shigeta Shonika (Iizuka-machi) ☎027-362-5811	Hiura lin (Kenzaki-machi) ☎027-344-1175	Kamiorui Byoin (Kamiorui-machi) ☎027-352-1019	Kaminakai Family Clinic (Kaminakai-machi) ☎027-326-4155

Date	Mon 13th Jan (Pub. Hol.)	Sun 19th Jan	Sun 26th Jan
Internal Medicine (Naika)	Futaba Icho Naika Clinic (Futaba-cho) ☎027-388-8592	Ogura Clinic (Shibasaki-machi) ☎027-352-1811	Mizuno Shinkei Naika Clinic (Kuragano-machi) ☎027-395-0888
	Matsumoto lin (Aioi-cho) ☎027-322-5913	Toyooka Kokyuka Naika Clinic (Kamitoyooka-machi) ☎027-340-1159	Yoshihama Naika Shonika Clinic (Tsurumi-cho) ☎027-322-5865
Pediatrics (Shonika)	Shonika Asahi Clinic (Yanaka-machi) ☎027-345-2323	Matsushima Shonika lin (Kaizawa-machi) ☎027-361-5823	Miyashita Clinic (Shinbo-machi) ☎027-360-5577

AMDA
International Medical Information Center
 03-6233-9266
 (Monday-Friday, 10am-3pm)

Introduction of medical facilities with staff who speak the patients' language and explanation of the Japanese health care system.

One Stop Consultation Center for Foreign Residents of Gunma

Hours: 9am-5pm (closed weekends, public holidays, and year-end period)
Contact: 027-289-8275, gtia-intlgrp@gtia.jp
Languages: English, Chinese, Vietnamese, etc.