



Takasaki International Relations Society 高崎市国際交流協会

TAKASAKI & YOU

Takasaki City: Population: 373,185 Area: 459.16 km²

Registered Foreign Residents:

There are 5,588 foreign residents from around 60 different countries residing in Takasaki City from China, Philippines, Vietnam, etc... (as at 30th September 2019)

=Information from TIRS=

Legal Consultation for Foreigners in Takasaki

Free — Confidential — Interpreting Provided

Date: Sunday 8th December 2019

Time: 10am-3pm

Place: Takasaki Chuo Kominkan (Suehiro-cho 27)

Consultations with immigration lawyers, social insurance and labor specialists, etc.

Interpreting: English, Portuguese, Spanish, Chinese & Tagalog

Appointments: Call the Gunma Association of Tourism, Local Products and International Exchange on 027-243-7271

Beginners Spanish Course

Period: 15th January-18th March 2020 (10 lessons)

Day & Time: Wednesdays, 10am-11:45am

Place: Chuo Kominkan (Suehiro-cho 27)

Teacher: Kimiko Yamada

Cost: 5,000 yen (3,000 yen for TIRS members)

Requirements: Takasaki citizens or Takasaki International Relations Society members who have never studied Spanish before

To Apply: Send a postcard to the TIRS office (address at bottom) with your name, address, telephone number and reason for wanting to learn Spanish by 22nd November 2019

Class Size: 20 students (successful applicants will be chosen on merit if there are more than 20 applicants)

=Information from Koho Takasaki Magazine=

Takasaki Sweets Festival

Date: Saturday 2nd November 2019

Time: 10am-3pm

Place: Motenashi Square

Details: Come and enjoy the best of Japanese and western style sweets prepared by top-class, local confectioners.

- Café Corner: for 500 yen, you can choose a Japanese or western sweet as well as coffee

- or green tea prepared on the spot
- Try making your own sweets or cake, taught by store owners (20 minutes/500 yen)
- Prize draw tickets are given out for each 500 yen you spend at the festival. Draw is held at 2pm
- Stalls selling sweets including dorayaki, dango, and sekihan at reasonable prices



King of Pasta

Date: Sunday 10th November 2019

Time: 10am-4pm

Place: Motenashi Square

Details: Come and taste the original pasta dishes of local restaurants, enjoy the entertainment, and vote for your favorite!

Tickets: 1,900 yen in advance, or 2,000 yen on the day of the event. A ticket gets you 5 sample-sized servings of pasta from the stalls of your choice, and the right to vote for the best pasta of the year.

Reducing Household Waste

Takasaki's per capita household waste is high compared to other cities, but there are certain measures everyone can take to help reduce it.

1. Remember the 3 Rs. Reduce, Reuse, Recycle!
2. Separate waste correctly to maximize recycling of items such as paper from envelopes, calendars, paper bags, wrapping paper, etc.
3. Use the Takasaki Waste App さんあーる on your phone to remind you of your recycling days and to check which category waste belongs to.



TIRS Takasaki International Relations Society (International Relations Corner)

2nd Floor Takasaki City Hall, Takamatsu-cho 35-1, Takasaki, 370-8501

TEL: 027-321-1201 (in English OK), FAX: 027-330-1819, Email: office@takasaki-irs.org

Website: www.glocalfive.net/tirs/ (Japanese, English, Chinese & Portuguese versions)

Facebook: takasaki.international



November 2019

TAKASAKI & YOU



Recycling Events At Takasaki Reuse Center

Location: Kuragano-machi 1691

Time: 9:30am-2:30pm

Display of items for giveaway to the public

Dates: Saturday 9th and Sunday 10th November

Details: Household items such as chests of drawers, tables and other furniture collected as part of the city's oversized waste collection program that are still in good condition are given to the public free of charge. One item per person. If more than one person requests the same item, a draw will be held

Eligibility: Must be 18 years of age or older

Bring: Photo ID

Pickup: Must be able to pick up the item themselves from Saturday 16th to Sunday 24th November, 10am to 3pm (until 12 noon on weekends/public holidays)

Collection & exchange of used clothing/books

Dates: Saturday 9th & Sunday 10th November

Details: Bring in your pre-loved clothing and books, and give them free of charge to others

Clothing guidelines: Must be washed, without tears or stains; scarves, towels and sheets also accepted

Items not accepted: Leather goods, socks, hats, bathroom items, mattresses or other items filled with stuffing

Book guidelines: Books that are not damaged

Disposal of tires, wheels, old car batteries, fire extinguishers, etc. (incurs a fee)

Date: Saturday 9th November

Fee: Varies depending on the item

Disposal of small household appliances

Date: Sunday 10th November

Items accepted: Household appliances measuring under 50cm on one side that run by electricity or battery

Items not accepted: TVs, air conditioners, fridges, washing machines, items with cloth or wooden parts (electric carpets/wooden framed speakers), light bulbs, batteries

Caution: Please erase any personal information from computers/cell phones before disposal

Child Safety Center

TEL: 027-321-1318

Ready to take your call

24 hours a day, 365 days a year

Don't hesitate to call if you need:

- Support and education as a caregiver
- Child discipline resources and help with child-raising problems
- Urgent protection against domestic violence
- To report suspected child abuse

This newly-established center is staffed by public health workers, former teachers and police officers, social workers and other allied staff who will work with parents and the public to help protect children and provide caregivers with the support they need to maintain a peaceful, safe household. Families can also drop by the center with their children to talk face-to-face about any issues.

Location: 4th Floor of Takasaki City Hall

きゅうじつとうばんい

休日当番医

'Kyujitsu toban i' are the medical clinics on duty on weekends and national holidays. Surgery hours are 9am to 6pm. Be sure to take along your health insurance card. ※Schedule changes monthly, see 15th-of-the-month Takasaki Koho for full list. For other cities, see your local city magazine.



Night Clinic: (1F Public Health Center Takamatsu-cho) Mon-Fri=7:30pm-10pm; Sat, Sun, pub. hol=7pm-10pm

Children's Emergency Health Consultations: Dial #8000 to speak with a health professional for advice on whether to go to the hospital (Mon-Fri=6pm-8am next day; Sat, Sun, pub. hol=9am-8am next day).

Date	27th Oct (Sun)	3rd Nov (Pub. Hol.)	4th Nov (Mon)	10th Nov (Sun)	17th Nov (Sun)	23rd Nov (Pub. Hol.)
Internal Medicine (Naika)	Jonan lin (Shimowada-machi 3) ☎027-322-5760	Yoshida Naika (Egi-machi) ☎027-326-6210	Sato Shonika Naika lin (Sakae-machi) ☎027-322-4498	Yoshida Shokaki Naika Clinic (Oyagi-machi) ☎027-388-1079	Iwata Badizu Clinic (Yanaka-machi) ☎027-347-4560	Shimizu lin (Shigoka-machi) ☎027-322-0534
	Akagi Clinic (Shimokobana-machi) ☎027-340-7400	Koyagi Naika (Koyagi-machi) ☎027-365-5897	Yawata Clinic (Yawata-machi) ☎027-343-2247	Nishimura lin (Showa-machi) ☎027-3388-1811	Katsuta Naika Shokaki Clinic (Yachiyo-machi 4) ☎027-327-5556	Kita Takasaki Clinic (Ohashi-machi) ☎027-322-2707
Pediatrics (Shoniko)	Kaminakai Family Clinic (Kaminakai-machi) ☎027-326-4155	Shiroyama Clinic (Shiroyama-machi 2) ☎027-327-2759	Inui Shonika Naika lin (Miyamoto-cho) ☎027-322-3252	Zennoji lin (Kuragano-machi) ☎027-346-2382	Kodomo Clinic Sone (Kamikobana-machi) ☎027-360-4580	Kamio Kodomo Clinic (Dai-machi) ☎027-315-3741