



Takasaki International Relations Society 高崎市国際交流協会

TAKASAKI & YOU

Takasaki City: Population: 374,168 Area: 459.16 km²

Registered Foreign Residents:

There are 5,433 foreign residents from around 60 different countries residing in Takasaki City from China, Philippines, Vietnam, etc... (as at 31st December 2018)

Cool Takasaki

Cool Takasaki is the name of our special classes that aim to bring authentic cultural experiences to the city. Participants use Facebook and other social media to record their experience, and promote the rich selection of Japanese and international cultures in Takasaki.

Shinmachi Doll Festival & Decorative Sushi Roll Making Class

For people with foreign backgrounds

Hina Matsuri is celebrated on the 3rd March each year, and is often referred to as the Doll Festival because of the tiered displays of ornamental dolls that are put on show in private homes and businesses. Every year the Shinmachi area of Takasaki puts on a huge event celebrating the festival, and stores and houses in the area display their dolls for the public to admire. There are also flea markets, outdoor food and drink stalls and live entertainment in the nearby park.

Class Details: Learn to prepare sushi in the shape of prince and princess Hina dolls made by rolling different colored sushi rice decorated with sesame, seaweed, egg, cucumber, etc. Enjoy eating what you've prepared accompanied by green tea. Take a walk through the town to view the beautiful doll displays.

About the Teacher: Licensed decorative sushi instructor, Ms. Fumiko Takahashi

Date & Time: Saturday 2nd March, 11am-2pm

Place: Shinmachi Community Center (Shinmachi 2271-1), a 5 minute walk from JR Shinmachi Station.

Cost: ¥1000

Capacity: 16 participants

Sign Up: Call the Takasaki International Relations Corner (contact details at bottom).



Tabunka Salon "Poland"

Details: A guest presenter from Poland will speak to participants about her country, its history and culture. There will be Polish snacks to try after!

Date & Time: Sunday 3rd March, 2pm-3:30pm

Place: Chuo Kominkan (Suehiro-cho 27)

Cost: ¥500

Sign Up: Call or email the office

Tabunka Speech

Details: Speeches in Japanese will be given by 5 guest speakers from America, Vietnam, China etc., followed by time to make friends with the other participants.

Date & Time: Sunday 10th March, 1pm-4pm

Place: General Welfare Center (Suehiro-cho 115-1)

Cost: ¥300

Sign Up: Call or email the office (first 40 people)

=Information from Takasaki City= 7th Haruna-san Hill Climb in Takasaki Saturday & Sunday 18th & 19th May

Enjoy Haruna-san Hill Climb's challenging courses and the beautiful landscapes of Takasaki!

Course/Distance/Entry Fees:

1. Lake Haruna Course: Total distance = 16.1km (Actual race distance = 14.7km/Average gradient = 6.0%), entry fee ¥6000
2. Haruna Shrine Course: Total distance = 11.6km (Actual race distance = 11.4km/Average gradient = 5.2%), entry fee ¥5000
3. Beginners Course: Total distance = 6.7km (Actual race distance = 6.5km/Average gradient = 4.6%), entry fee ¥4000

More Information: View the event website www.haruna-hc.jp/english/

Inquiries in Japanese:

Haruna-san Hill Climb in Takasaki Executive Office
900-1 Shimo-Muroda-machi, Takasaki City
TEL: 027-374-6715, FAX: 027-374-5035

TIRS Takasaki International Relations Society

(International Relations Corner, 2nd Floor Takasaki City Hall)

TEL: 027-321-1201 (in English OK), FAX: 027-330-1819, Email: office@takasaki-irs.org

Website: www.glocalfive.net/tirs/ (Japanese, English, Chinese & Portuguese versions)

Facebook: [takasaki.international](https://www.facebook.com/takasaki.international)



February 2019

TAKASAKI & YOU



Misato & Haruna Plum Grove Festivals

In early March, the city's two plum groves, Haruna and Misato, burst into bloom covering the hills with light pink flowers and spreading the sweet scent of plums. Both groves hold festivals to welcome these first breaths of spring.

Misato Plum Festival

Period: Friday 1st March until the end of the month

Highlights: Outdoor tea ceremony under the plum blossoms on Saturday 16th, Sunday 17th, and daily between Thursday 21st-Sunday 24th March.

Cost=¥500. Giveaways of plum branches, plum juice and plum sweets on Sundays 3rd and 10th March from 12 noon.

Place: Misato Plum Grove, Zenji & Kanisawa areas

Parking: 300 yen per car.

Haruna Plum Festival

Date: Sunday 17th March, from 9:30am

Highlights: Free samples of plum products, horse and cart rides around the grove, games, Japanese taiko drum performance, etc.

Place: Haruna Culture Center "Ecole" (Takasaki-shi Kami-Satomi-machi 1072-1)

Watch Bunraku Japanese Puppetry

Date & Time: Thursday 14th March. Afternoon performance 1:30pm, evening performance 6pm

Place: City Culture Center (Suehiro-cho)

Tickets: From ¥3,000, on sale at city culture centers, Gunma Music Center, or online from Ticket Pia.



Final Tax Filing FY2018 (Kakutei Shinkoku)

Tax filing on income earned between January 1st and December 31st 2018 is due between Monday 18th February and Friday 15th March 2019. If you've had income from more than one source and a tax adjustment was not done by your place of employment, go to one of the locations below with your completed paperwork, My Number card and all applicable pay slips or notices of tax paid to prove your total income, along with any other documents for receiving tax deductions (proof of payment for life insurance, earthquake insurance, proof of dependent family, house loans, etc.)

*People claiming dependents over 16 years of age can only file their tax at the Viento location.

Filing Locations: Takasaki City Hall 2nd floor Tax Division or Viento Takasaki (Tonya-machi 2-7)

More Information: National Tax Agency website www.nta.go.jp/english/index.htm

Measles/Rubella Vaccination for Children

Takasaki offers free of charge the MR vaccination that is effective against measles and rubella, to children who are 1 year of age, or who are in the year before starting elementary school. From April of the year a child starts school, a fee is charged for the vaccination so please check your child's vaccination record and be sure to get the shot. Consult your pediatrician in advance to find out what is required. Please contact the TIRS office for English information about children's health.

きゅうじつとうばんい

休日当番医

'Kyujitsu toban i' are the medical clinics on duty on weekends and national holidays. Surgery hours are 9am to 6pm. Be sure to take along your health insurance card.
※Schedule changes monthly, see 15th-of-the-month Takasaki Koho for full list. For other cities, see your local city magazine.



Night Clinic: (1F Public Health Center Takamatsu-cho) Mon-Fri=7:30pm-10pm; Sat, Sun, pub. hol=7pm-10pm

Children's Emergency Health Consultations: Dial #8000 to speak with a health professional for advice on whether to go to the hospital (Mon-Fri=6pm-8am next day; Sat, Sun, pub. hol=9am-8am next day).

Date	Sun 3rd Feb	Sun 10th Feb	Mon 11th Feb Pub. Hol.	Sun 17th Feb	Sun 24th Feb	AMDA International Medical Information Center 03-6233-9266 (Monday-Friday, 10am-3pm) Introduction of medical facilities with staff who speak the pa- tients' language and explanation of the Japanese health care sys- tem.
Internal Medicine (Naika)	Okamura Icho Clinic (Azuma-cho) ☎027-310-1211	Sakurai lin (Shibasaki-machi) ☎027-352-1270	Yamauchi lin (Kita Futaba-cho) ☎027-322-6338	Kubota Ichoka Clinic (Terao-machi) ☎027-310-5717	Michimata Naika Higashi-guchi Shin- ryosho (Sakae-cho) ☎027-395-6356	
	Nakazawa lin (Tsukunawa- machi) ☎027-361-2996	Akagi Clinic (Shimokobana- machi) ☎027-340-7400	Shimizu Naika (Iizuka-machi) ☎027-362-2838	Aoi Naika Clinic (Yachiyo-machi 1) ☎027-310-3939	Hagiwara Naika lin (Shimotoyooka- machi) ☎027-328-1222	
Pediatrics (Shonika)	Oyama Shonika lin (Kuragano-machi) ☎027-346-0880	Kamio Kodomo Clinic (Dai-machi) ☎027-315-3741	Arai Kinder Clinic (Shimonakai- machi) ☎027-325-4152	Koizumi Shigeta Shonika (Iizuka-machi) ☎027-362-5811	Kodomo Clinic Sone (Kamikobana- machi) ☎027-360-4580	