



Takasaki International Relations Society 高崎市国際交流協会

TAKASAKI & YOU

Takasaki City: Population: 374,333 Area: 459.16 km²

Registered Foreign Residents:

There are 5,420 foreign residents from around 60 different countries residing in Takasaki City from China, Philippines, Vietnam, etc... (as at 30th November 2018)

Winter Japanese Classes

Join the Takasaki International Relations Society's winter Japanese classes You'll be taught in small groups according to your level. Each course consists of 10 lessons.

Chuo Kominkan (Suehiro-cho 27)

Tuesdays 10am-12 noon, 15th Jan-19th March

Thursdays 7pm-8:30pm, 10th Jan-28th March

Saturdays 1:30pm-3:30pm, 12th Jan-16th March

Nakai Kominkan (Nakai-machi 3-21-1)

Wednesdays 6:30pm-8pm, 9th Jan-13th March

Gunma Fukushi Kaikan (Munadaka-machi 977-1)

Mondays 5pm-6:45pm, 7th Jan-25th March

Mondays 7pm-8:45pm, 7th Jan-25th March

Shinmachi Bunka Hall (Shinmachi 3190-1)

Wednesdays 10am-11:45am, 16th Jan-20th March

Saturdays 10am-11:45am, 12th Jan-23rd March

Yoshii Nishi Community Center (Yoshii-machi Nagane 525)

Tuesdays 7pm-8:30pm, 15th Jan-19th March

Cost: ¥500 per 10 class course

Sign Up: Contact the Takasaki International Relations Corner by telephone or email (details below), up to one week before the class begins. Please note some classes may already be full.

Takasaki Daruma Market

Date: Tuesday 1st and Wednesday 2nd January, 2019

Time: 10am-4pm

Place: Street at the west exit of Takasaki Station

Details: There will be stalls selling Daruma dolls, plenty of local specialty food and drink on sale, stage performances, and other attractions for the whole family. Shuttle buses traveling to popular spots for making your first visit to a shrine or temple of the new year (hatsumode) will run regularly. You can visit Kannonyama, Takasaki Shrine, Yamana Hachimangu, Kuragano Shrine and more.

First Sunrise & Shrine Visit of the New Year

POPULAR SHRINES TO VISIT (hatsumode)

Takasaki Shrine (Akasaka-machi 94)

Yawata Hachimangu Shrine (Yawata-machi 632)

Haruna Shrine (Harunasan-machi 849)

Gunma-ken Gokoku Shrine (Notsuke-machi 2000)

POPULAR SPOTS FOR WATCHING THE FIRST SUN RISE (hatsuhinode)

21st floor of Takasaki City Hall (Takamatsu-cho)

Kannonyama (Ishihara-machi)

Futagoyama & Hachiman-zuka Burial Mounds (Idemachi 1514)

Mt. Haruna-Fuji (Harunako-machi 845-1) →



Tokyo English Life Line (TELL)

A free anonymous and confidential English-language telephone and chat service offered throughout Japan every day of the year.

- Safe, confidential space to discuss any issue
- Staffed by highly trained volunteers committed to providing emotional support, resources and connections.

Need to talk? We're here to listen. Contact us from anywhere in Japan.

TELL Lifeline: 03-5774-0992

9am-11pm, 365 days a year

TELL Chat: telljp.com

Saturday 10:30pm-Sunday 9am

Become a Volunteer!

The International Relations Society has many volunteer opportunities for Japanese and non-Japanese residents, including volunteer interpreters, cultural instructors who can teach language lessons/cooking classes/cultural introduction at schools, and more. Contact the TIRS (details below) for more information.

TIRS Takasaki International Relations Society

(International Relations Corner, 2nd Floor Takasaki City Hall)

TEL: 027-321-1201 (in English OK), FAX: 027-330-1819, Email: office@takasaki-irs.org

Website: www.glocalfive.net/tirs/ (Japanese, English, Chinese & Portuguese versions)

Facebook: [takasaki.international](https://www.facebook.com/takasaki.international)





Reporting Urgent Matters to the Police Dial 110 (hyaku touban)

If you are involved in an incident or accident, or if you see or hear anything requiring police attention, please call 110. Calls made to 110 in English are immediately connected to an English-speaking third party to enable a three-way conversation. You can make your call without having to worry about misunderstandings!

For Fire or Ambulance dial 119

If you don't speak Japanese, just speak in English. Takasaki and Districts Joint Command and Control Center will connect your call immediately to an interpreter to enable a three-way conversation. Languages covered: English, Chinese, Korean, Portuguese and Spanish.

City Hall End of Year Hours

Takasaki City Hall and branch offices will close for the end of year vacation at 5:15pm on Friday 28th December 2018, and open in the new year from 8:30am on Friday 4th January 2019.

Receive this Newsletter by Email

Send an email to: office@takasaki-irs.org
Subject="Request for Newsletter Notification"



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きゅうじつとうばんい

休日当番医

'Kyujitsu toban i' are the medical clinics on duty on weekends and national holidays. Surgery hours are 9am to 6pm. Be sure to take along your health insurance card. ※Schedule changes monthly, see 15th-of-the-month Takasaki Koho for full list. For other cities, see your local city magazine.



Night Clinic: (1F Public Health Center Takamatsu-cho) Mon-Fri=7:30pm-10pm; Sat, Sun, pub. hol=7pm-10pm
Children's Emergency Health Consultations: Dial #8000 to speak with a health professional for advice on whether to go to the hospital (Mon-Fri=6pm-8am next day; Sat, Sun, pub. hol=9am-8am next day).

Date	Sat 29th Dec	Sun 30th Dec	Mon 31st Dec	Tue 1st Jan (Pub. Hol.)	Wed 2nd Jan	Thu 3rd Jan
Internal Medicine (Naika)	Horikoshi Naika Clinic (Kaminakai-machi) ☎027-323-3653	Aihara lin (Shimotaki-machi) ☎027-352-1272	Monden Naika Clinic (Tenjin-cho) ☎027-384-3701	Igusa lin (Tenjin-cho) ☎027-362-2833	Namie Clinic (Kaminamie-machi) ☎027-362-5808	Okamoto Naika Clinic (Kaminakai-machi) ☎027-325-5050
	Horigome lin (Kuragano-machi) ☎027-346-2336	Ogura Clinic (Shibasaki-machi) ☎027-352-1811	Sato Kokyukika lin (Iizuka-machi) ☎027-362-5122	Kiryama Clinic (Suehiro-cho) ☎027-310-1234	Matsumoto lin (Aioi-cho) ☎027-322-5913	Zennyoji lin (Kuragano-machi) ☎027-346-2382
Pediatrics (Shonika)	Koizumi Shonika lin (Renjaku-cho) ☎027-322-3985	Shiroyama Clinic (Shiroyama-machi 2) ☎027-327-2759	Inui Shonika Naika lin (Miyamoto-cho) ☎027-322-3252	Shigeta Kodomo Allergy Clinic (Shimano-machi) ☎027-350-1700	Miyashita Clinic (Shinbo-machi) ☎027-360-5577	Terao Kodomo Clinic (Terao-machi) ☎027-324-7788

Date	Sun 6th Jan	Sun 13th Jan	Mon 14th Jan (Pub. Hol.)	Sun 20th Jan	Sun 27th Jan	AMDA International Medical Information Center 03-6233-9266 (Monday-Friday, 10am-3pm) Introduction of medical facilities with staff who speak the patients' language and explanation of the Japanese health care system.
Internal Medicine (Naika)	Yoshida Naika (Egi-machi) ☎027-326-6210	Sato Shonika Naika lin (Sakae-cho) ☎027-322-4498	Naika Okajo Clinic (Watanuki-machi) ☎027-395-6116	Tsukioka Naika lin (Iwahana-machi) ☎027-346-1226	Kobayashi Naika Ichoka lin (Ino-machi) ☎027-362-5188	
	Mori Naika Clinic (Rakuma-machi) ☎027-343-7568	CBC Clinic (Egi-machi) ☎027-321-2111	Hanamizuki Clinic (Shimokotori-machi) ☎027-329-7007	Yawata Clinic (Yawata-machi) ☎027-343-2247	Toyooka Kokyukika Naika Clinic (Kamitoyooka-machi) ☎027-340-1159	
Pediatrics (Shonika)	Kamiorui Byoin (Kamiorui-machi) ☎027-352-1019	Matsushima Shonika lin (Kaizawa-machi) ☎027-361-5823	Kaizawa Chuo lin (Higashi Kaizawa-machi 3) ☎027-363-7001	Shonika Sato lin (Yanagawa-cho) ☎027-322-2145	Kaminakai Family Clinic (Kaminakai-machi) ☎027-326-4155	