



Takasaki International Relations Society 高崎市国際交流協会

たかさきこくさいこうりゅうきょうかい

# TAKASAKI & YOU

**Takasaki City:** Population: 374,030 Area: 459.16 km<sup>2</sup>

**Registered Foreign Residents:**

There are 5,169 foreign residents from around 60 different countries residing in Takasaki City from China, Philippines, Vietnam, etc... (as at 30th April, 2018)

## =Information from TIRS= Cool Takasaki - Wagashi

Master Confectioner Kei Miyazawa from 微笑庵 (Misyoan) in Kenzaki-machi presents this interactive wagashi making class exclusively for non-Japanese residents. Experience the beauty of Japanese sweets in a small group lead by a first-class master of the profession.

**Date & Time:** Saturday 21st July 2018, 2pm-4pm

**Place:** Socius (Ashikado-machi 1669-2)

**Menu:** Sasa-no-shizuku (bean jelly in a bamboo casing),

Asagao (hand-pressed sweet made with nerikiri dough), and a surprise!

**Cost:** ¥2,000

**Sign up:** Contact TIRS (details below)

※Space is limited to the first 12 people only



Sasa-no-shizuku



Asagao

"Cool Takasaki" aims to bring authentic cultural experiences to the people of our city, and by encouraging participants to use Facebook and other social media to record their experience, we also hope to promote the rich selection of Japanese and international talent found here. Stay tuned for the next event in this year's series-Tea Ceremony!



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## Tabunka Salon-Philippines



Mary Grace from the Philippines is the special guest at the next Tabunka Salon. She'll speak about her home country, and there will be coconut juice Philippine snacks to enjoy while chatting with the other participants.

**Date & Time:** Sunday 1st July 2018, 10-11:30am

**Place:** Chuo Kominkan (Suehiro-cho 27)

**Max. Participants:** First 20 people

**Cost:** ¥500

**Bring:** Your own reusable cup

**Sign Up:** Call TIRS (027-321-1201) from 10am on Tuesday 12th June.



## Recruitment of Volunteer Japanese Teachers

Takasaki International Relations Society's Japanese classes for foreign residents are a place for not only learning Japanese but also for interacting, making new friends and gaining information useful for daily life in Japan. A training course will be held for prospective volunteers to gain an understanding of the basic principles of teaching Japanese to foreigners.

**Open to:** People 18 years of age and over who are willing to attend two days of training and complete class observations with a view to joining the TIRS and commencing volunteer activities in our Japanese classes from January 2019.

**Max. Participants:** 20 people (based on merit)

**Cost:** ¥1,000

\*Upon completion of training, membership of the TIRS is required to begin teaching as a volunteer. Membership costs ¥2,000 per year.

**Register:** Visit the TIRS office (details below) and fill out an application form by Friday 10th August.

**Training Course Dates:**

① Sunday 2nd September

② Sunday 2nd December

**Time:** 10am-4pm (both days)

TIRS Takasaki International Relations Society

(International Relations Corner, 2nd Floor Takasaki City Hall)

TEL: 027-321-1201 (in English OK), FAX: 027-330-1819, Email: office@takasaki-irs.org

Website: www.glocalfive.net/tirs/ (Japanese, English, Chinese & Portuguese versions)

Facebook: takasaki.international





**Place:** Chuo Kominkan (Suehiro-cho 27)  
**Class Observations:** Observe 5 lessons at any of the Japanese class locations below during the Autumn term (September-November), and submit a simple report.  
**Class Locations:** Chuo Kominkan, Nakai Kominkan, Gunma Fukushi Kaikan, Shinmachi Bunka Hall, Yoshii Nishi Community Center.

### Environment Fair 2018 Events

- Date & Time:** Saturday 9th June, 10am-2pm  
**Place:** Motenashi Square and other locations  
**Details:** Environmental displays by citizens groups and enterprises, food stalls, flea market, litter collection, tap water taste comparisons, etc.  
**Other related activities:**
- Drive-thru drop-off of old clothes, books and small household appliances at the south entrance to city hall. \*See below for collectable items.
  - Giveaway of flower seedlings (from 11am).
  - Reuse Center (Kuragano-machi 3210-1) will have second-hand furniture on display that will be given away to the public.



**Items that can be collected:**  
 Clean, good condition (no rips or stains) shirts, trousers, kimonos, underwear, scarves, towels, curtains, sheets, blankets, etc. Books/magazines that are not ripped. Household appliances not bigger than 50cm on one side.

### 6th Annual Lake Haruna Marathon

**Sunday 30th September, 9am start**  
**Main Venue:** Haruna Koen Parking Lot (Lake Haruna)  
**Length:** 5.5 laps of the lake circuit (one lap=7.8km)  
**Completion Time Limit:** 6 hours  
**Competitor Eligibility:** People born before 1st April, 2000.  
**Categories:**  
 Men: Under 29s, 30-39s, 40-49s, 50-59s, Over 60s  
 Women: Under 39s, 40s and over  
**Max. Participants:** First 2000 people to register  
**Entrance Fee:** ¥4,000  
**Prizes:** Awarded for 1st-8th in each category  
**Registration:** 25th May-3rd August on the Runnet registration website (<http://runnet.jp>).



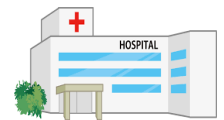
### Receive this Newsletter by Email

Send an email to: [office@takasaki-irs.org](mailto:office@takasaki-irs.org)  
**Subject="Request for Newsletter Notification"**

きゅうじつとうばんい

### 休日当番医

**'Kyujitsu toban i'** are the medical clinics on duty on weekends and national holidays. Surgery hours are 9am to 6pm. Be sure to take along your health insurance card.  
 ※Schedule changes monthly, see 15th-of-the-month Takasaki Koho for full list. For other cities, see your local city magazine.



**Night Clinic:** (1F Public Health Center Takamatsu-cho) Mon-Fri=7:30pm-10pm; Sat, Sun, pub. hol=7pm-10pm  
**Children's Emergency Health Consultations:** Dial #8000 to speak with a health professional for advice on whether to go to the hospital (Mon-Fri=6pm-8am next day; Sat, Sun, pub. hol=9am-8am next day).

Date	3rd June (Sun)	10th June (Sun)	17th June (Sun)	24th June (Sun)
Internal Medicine (Naika)	Matsuzaki lin (Shimano-machi) ☎027-352-1278	Iwata Badizu Clinic (Yanaka-machi) ☎027-347-4560	Iwata Naika Clinic (Ishihara-machi) ☎027-327-1241	Onogaki lin (Nakai-machi 3) ☎027-352-2233
	Uehara Naika lin (Naka-Toyooka-machi) ☎027-327-6955	Nishimura lin (Showa-machi) ☎027-388-1811	Mori Naika Clinic (Rakuma-machi) ☎027-343-7568	Katsuta Naika Shokaki Clinic (Yachiyo-machi 4) ☎027-327-5556
Pediatrics (Shonika)	Terao Kodomo Clinic (Terao-machi) ☎027-324-7788	Kaminakai Family Clinic (Kami-Nakai-machi) ☎027-326-4155	Shigeta Kodomo Allergy Clinic (Shimano-machi) ☎027-350-1700	Shonika Sato lin (Yanagawa-cho) ☎027-322-2145

**AMDA International Medical Information Center**  
**TEL: 03-6233-9266**  
 (Monday-Friday, 10am-3pm)  
 Introduction of medical facilities with staff who speak the patients' language and explanation of the Japanese health care system.

**TELL Tokyo English Life Line**  
 Every day for 45 years TELL Lifeline has been providing important connections and support to people all across Japan. We save lives.  
**TEL: 03-5774-0992**  
 (9am - 11pm every day)  
<https://telljp.com/lifeline/>