



Takasaki International Relations Society 高崎市国際交流協会

たかさきしこくさいこうりゅうきょうかい

TAKASAKI & YOU

Takasaki City: Population: 374,710 Area: 459.16 km²

Registered Foreign Residents:

There are 5,038 foreign residents from around 60 different countries residing in Takasaki City from China, Philippines, Vietnam, etc... (as at 31st October, 2017)

=Information from TIRS=

Free Legal Consultation Day in Takasaki

Date: 18th February, 2018

Time: 10am-3pm

Place: Takasaki Chuo Kominkan (Suehiro-cho 27)

Consultations: 30 minutes per person.

Advice from a range of legal professionals on visas, family issues, divorce, workplace problems, insurance, etc.

Interpreting: English, Tagalog, Chinese, Portuguese and Spanish is available

Appointments: Call the Gunma Association of Tourism, Local Products and International Exchange on 027-243-7271 or 090-1215-6113 on the day.

TELL Lifeline

A free anonymous and confidential English-language telephone and chat service offered throughout Japan every day of the year.

- Safe, confidential space to discuss any issue
- Staffed by highly trained volunteers committed to providing emotional support, resources and connections.

Need to talk? We're here to listen. Contact us from anywhere in Japan.

TELL Lifeline: 03-5774-0992

9am-11pm, 365 days a year

TELL Chat: telljp.com

Saturday 10:30pm-Sunday 9am

Receive this Newsletter by Email

Send an email to: office@takasaki-irs.org

Subject="Request for Newsletter Notification"

Become a Volunteer!

The International Relations Society has many volunteer opportunities for Japanese and non-Japanese residents, including volunteer interpreters, cultural instructors who can teach language lessons/cooking classes/cultural introduction at schools, and more. Contact the TIRS (details below) for more information.

Cinematheque Takasaki

Cinematheque is run by the NPO Takasaki Community Cinema and aims to bring high quality films to regional movie screens.

Hidden Figures (2016) USA: The story of a team of female African-American mathematicians who served a vital role in NASA in the early years of the US space program. Language: English with Japanese subtitles. Screening: Until Friday 5th January, 10:30 & 15:30 daily.

Kedi (2016) Turkey: A documentary that tracks the stories of seven cats living on the streets of Istanbul, providing an insight to this ancient city and its unique people. Language: Turkish with Japanese subtitles. Screening: Daily from Saturday 30th December at 10:45, 15:00 & 19:05.

Interlude in Prague (2016) UK: The incredible tale of Mozart's days spent in Prague. Language: English with Japanese subtitles. Screening: Until Friday 12th January, 13:00 & 18:00 daily.

Nocturnal Animals (2016) USA: A wealthy art gallery owner receives a draft of her ex-husband's new novel, and once she starts reading it she just cannot put it down. Language: English with Japanese subtitles. Screening: Until Friday 5th January, 12:30 & 16:45 daily.

*Cinematheque closed 1st January 2018.

Location: Takasaki-shi Ara-machi 202

Tickets: Adults ¥1,700, high school/university students ¥1,400, children & seniors (over 60) ¥1,000. www.takasaki-cc.jp

Parking: Aramachi Park (behind Gusto).

More information and other film schedules:

www.takasaki-cc.jp (Japanese)

TEL: 027-325-1744



高崎市国際交流協会

Takasaki International Relations Society

Takasaki International Relations Society (International Relations Corner, 2nd Floor Takasaki City Hall)

TEL: 027-321-1201 (in English OK), FAX: 027-330-1819, Email: office@takasaki-irs.org
Website: www.localfive.net/tirs/ (Japanese, English, Chinese & Portuguese versions)



=Information from Takasaki City=
Takasaki Daruma Market

Date: Monday 1st and Tuesday 2nd January, 2018

Time: 10am-4pm

Place: Street at the west exit of Takasaki Station

Details: Stalls selling good luck Daruma dolls, local specialty food, performances, etc. Shuttle buses traveling to popular spots for making your first visit to a shrine or temple of the new year (hatsumode).

First Sunrise & Shrine Visit of the New Year

POPULAR SHRINES TO VISIT

Takasaki Shrine (Akasaka-machi 94)

Yawata Hachimangu Shrine (Yawata-machi 632)

Haruna Shrine (Harunasan-machi 849)

Gunma-ken Gokoku Shrine (Notsuke-machi 2000)

POPULAR SPOTS FOR WATCHING THE FIRST SUN RISE

21st floor of Takasaki City Hall (Takamatsu-cho)

Kannyonama (Ishihara-machi)

Futagoyama & Hachimanzuka Burial Mounds
(Idemachi 1514)

Mt. Haruna-Fuji (Harunako-machi 845-1)

Illumination Displays

Takasaki Pageant of Starlight: Until Monday 8th January 2018, 5pm-10pm daily (until midnight Fri-Sun), near Takasaki Station West, Symphony Road & Gunma Music Center.

Shinmachi Illumination

Until Wednesday 31st January 2018, 4:30pm-10pm, area around Shinmachi Station and Shinmachi Fureai Park.

City Hall Closed for End of Year Break

Takasaki City Hall including the International Relations Corner, will close for the end of year vacation at 5:15pm on Thursday 28th December 2017, and reopen at 8:30am on Thursday 4th January 2018.

きゅうじつとうばんい

休日当番医



'Kyujitsu toban i' are the medical clinics on duty on weekends and national holidays. Surgery hours are 9am to 6pm. Be sure to take along your health insurance card.

※Schedule changes monthly, see 15th-of-the-month Takasaki Koho for full list. For other cities, see your local city magazine.

Date	1st Jan (Mon)	2nd Jan (Tues)	3rd Jan (Wed)	7th Jan (Sun)
Internal Medicine (Naika)	Hanamizuki Naika (Shimo-Kotori-machi) ☎027-329-7008	Kubota Ichoka Naika Clinic (Terao-machi) ☎027-310-5717	Toyooka Kokyukika Nai- ka Clinic (Kami-Toyooka-machi) ☎027-340-1159	Okamoto Naika Clinic (Kami-Nakai-machi) ☎027-325-5050
	Naika Okajo Clinic (Watanuki-machi) ☎027-395-6116	Sato Shonika Naika lin (Sakae-cho) ☎027-322-4498	Shimizu Naika (Iizuka-machi) ☎027-362-2838	Yawata Clinic (Yawata-machi) ☎027-343-2247
Pediatrics (Shonika)	Kodomo no Mori Shin- ryosho (Iizuka-machi) ☎027-388-8863	Shonika Meimei Clinic (Shimonojo-machi) ☎027-387-0733	Kami-Nakai Family Clin- ic (Kami-Nakai-machi) ☎027-326-4155	Shigeta Kodomo Allergy Clinic (Shimano-machi) ☎027-350-1700

Night Clinic:
(1F Public Health
Center Takamat-
su-cho)
Mon-Fri=7:30pm-
10pm;
Sat, Sun, pub.
hol=7pm-10pm

**Children's
Emergency
Health**

Consultations:
Dial #8000 to
speak with a
health profession-
al for advice on
whether to go to
the hospital
(Mon-Fri=6pm-
8am next day;
Sat, Sun, pub.
hol=9am-8am
next day).

Date	8th Jan (Pub. Hol)	14th Jan (Sun)	21st Jan (Sun)	28th Sun (Sun)
Internal Medicine (Naika)	Futaba Icho Naika Clin- ic (Kita-Futaba-cho) ☎027-388-8592	Igusa lin (Tenjin-cho) ☎027-362-2833	Michimata Naika Hi- gashiguchi Shinryosho (Sakae-cho) ☎027-395-6356	Yamauchi lin (Kita-Futaba-cho) ☎027-322-6338
	Momonoki Clinic (Yawata-machi) ☎027-344-3130	Tachibana Naika Clin- ic (Miyamoto-cho) ☎027-322-3133	Nakazawa lin (Tsukunawa-machi) ☎027-361-2996	Inui Naika Clinic (Shimo-Kobana-machi) ☎027-343-3368
Pediatrics (Shonika)	Shonika Sato lin (Yanagawa-cho) ☎027-322-2145	Terao Kodomo Clinic (Terao-machi) ☎027-324-7788	Zennoji lin (Kuragano-machi) ☎027-346-2382	Kaizawa Chuo Byoin (Higashi-Kaizawa-machi) ☎027-363-7001

